

秘剣術二級型
BIKEN-JUTSU 2ND KYU

1. 抜打斬上四方斬 (NUKIUCHI KIRIAGE SHIHO-GIRI)~横血振 (YOKO C.)
 - (1) 立ち居合 (Tachi Iai) [前後左右]
 - (2) 坐り居合 (Suwari Iai) [前後左右-正坐・不動坐] (Seiza & Fudoza)
2. 抜打袈裟斬四方斬 (NUKIUCHI KESAGIRI SHIHO-G) ~回転血振 (Kaiten)
 - (1) 立ち居合 (Tachi Iai) [前後左右]
 - (2) 坐り居合 (Suwari Iai) [前後左右-正坐・不動坐] (Seiza & Fudoza)
2. 逆手抜打斬上四方斬 (SAKATE NUKIUCHI KIRIAGE SHIHO-GIRI) ~落血振 (OTOSHI CHIBURI)
 - (1) 立ち居合 (Tachi Iai) [前後左右]
 - (2) 坐り居合 (Suwari Iai) [前後左右-正坐・不動坐] (Seiza & Fudoza)

秘剣術一級型
BIKEN-JUTSU 1ST KYU

1. 受方 (UKE KATA)
 - (1) 大上段真向斬り受け [左右] (Daijodan Makko-Giri Uke)
 - (2) 八相袈裟斬り受け [左右] (Hasso Kesa-Giri Uke)
 - (3) 八相逆袈裟斬り受け [左右] (Hasso Gyaku Kesa-Giri Uke)
 - (4) 立ち突き受け [左右] (Tachi Tsuki Uke)
 - (5) 坐り突き受け [左右] (Suwari-Zuki Uke)
 - (6) 小蝶斬り受け [左右] (Kocho Giri Uke)
 - (7) 抜打ち斬上げ受け (Nukiuchi Kiriage Uke)
 - (I) 袈裟斬上げ受け (Kesa Kiriage Uke)
 - (II) 胴斬り払い受け (Do Kiri Harai Uke)
 - (III) 足斬り込み受け (Ashi Kiri Komi Uke)
 - (8) 抜打ち斬下げ受け (Nukiuchi Kirisage Uke)
 - (I) 小手斬下げ受け (Kote Kirisage Uke)
 - (II) 袈裟斬り受け (Kesa-Giri Uke)
 - (9) 逆手抜打斬上げ受け (Sakate Nukiuchi Kiriage Uke)
2. 袋竹刀打突法 (FUKURO SHINAI DATOTSU-HO)
 - (1) 打ち方 (How to hit)
 - (2) 突き方 (How to Tsuki)
 - (3) 反撃法 (How to against)
(※乱捕りは初段より行うこと)
3. 躰捌 (TSUBUTE SABAKI)
※ 刀匠顧姿の構にて、ボールや紙手裏剣を利用して稽古すること。

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秘剣術九級型
BIKEN-JUTSU 9TH KYU

1. 礼法 (REI-HO)
 - (1) 神前礼 (SHINZEN-REI)
 - (2) 正座礼 (SEIZA-REI)
 - (3) 陣中礼 (JINCHU-REI)
 - (4) 立礼 (RITSU-REI)
 - (I) 納刀の礼法 (NOHTOH NO REIHO)
 - (II) 抜刀の礼法 (BATTO NO REIHO)
2. 刀の持ち方・握り方 (How to grip Katana)
 - (1) 刀の持ち方 (How to hold Katana)
 - (2) 柄の握り方 (How to grip Tsuka)
 - (3) 間合いの取り方 (How to take Ma-Ai/distance)
3. 構方 (KAMAEKATA: How to Kamae)
 - (1) 晴眼の構 [左右] (Seigan No Kamae L&R)
 - (2) 大上段の構 [左右] (Daijodan No Kamae L&R)
4. 斬突法 (ZANTOTSU-HO: How to cut or thrust)
 - (1) 大上段真向斬 (Daijodan Makko-Giri)
 - (I) 右技 (Right)
 - (II) 左技 (Left)
5. 気合の出し方・呼吸法 (Kiai/Breath)
 - (1) 気合法 (How to Kiai)
 - (2) 呼吸法 (How to Kokyu/breath)

秘剣術八級型
BIKEN-JUTSU 8TH KYU

1. 構方 (KAMAEKATA: How to Kamae)
 - (1) 中段の構 [左右] (Chudan No Kamae)
 - (2) 下段の構 [左右] (Gedan No Kamae)
 - (3) 八相の構 (Hasso No Kamae)
 - (I) 右手八相の構 [左右] (Migite Hasso No Kamae L&R)
 - (II) 左手八相の構 [左右] (Hidarite Hasso No Kamae L&R)
2. 大上段唐竹割 (DAIJODAN KARATAKE WARD)
 - (1) 右技 (Right)
 - (2) 左技 (Left)
3. 八相袈裟斬 (HASSO KESA-GIRI)
 - (1) 右手左右斬下げ (Migite Sayu Kirisage)
 - (2) 左手左右斬下げ (Hidarite Sayu Kirisage)
4. 抜刀法・納刀法 (BATTO-HO & NOHTOH-HO)
 - (1) 抜刀法 (BATTO-HO = How to draw out)
 - (2) 納刀法 (NOTO-HO = How to in put)

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秘劍術七級型
BIKEN-JUTSU 7TH KYU

1. 構方 (KAMAEKATA: How to Kamae)
(1) 構の構 (右左手右・左手左右) (Kasumi No Kamae --- Migite/Hidarite)
(2) 一の構 (左右) (Ichi No Kamae L&R)
(3) 脇影の構 (左右) (Wakikage No Kamae L&R)
2. 八相逆袈裟斬 (HASSO GYAKU KESAGIRI)
(1) 右手左右斬上げ (Migite Sayu Kiriage)
(2) 左手左右斬上げ (Hidarite Sayu Kiriage)
3. 下緒 (SAGEO)
(1) 下下緒の付け方 (How to put on Sageo for Obi)
(2) 下下緒の緒への巻き付け方 (How to put on Sageo for Saya)
(3) 下下緒の意義 (How to using Sageo)

秘劍術六級型
BIKEN-JUTSU 6TH KYU

1. 構方 (KAMAEKATA: How to Kamae)
(1) 倒木の構 (左右) (Toh Sui No Kamae)
(2) 刀匣懸姿の構 (左右) (Totoku-Hyoshi No Kamae)
2. 立突 (TACHI TSUKI)
(1) 右技 (MIGI WAZA)
(2) 左技 (HIDARI WAZA)
3. 坐突 (SUWARI-ZUKI)
(1) 右技 (MIGI WAZA)
(2) 左技 (HIDARI WAZA)
4. 遵守事項 (Observe terms)
(1) 目釘の点検 (Mekugi Check)
(2) 刀を踏まない、蹴飛ばさない、股がない。(How to respect Katana)
(3) 刀の置き方、立て掛け方 (How to hang up Katana)
(4) 刀を抜いて相手に向けない。(Direction)
(5) 刀の手入れ法 (How to clean Katana)
(6) 刀の携帯方法、及び格納方法 (How to bring or keep)
(7) 真剣と模擬刀 (居合刀) (Shinken and Mogito/Token/Iato)
(8) その他留意事項 (Others)

秘劍術五級型
BIKEN-JUTSU 5TH KYU

1. 小蝶斬 (KOCHO-GIRI)
(1) 右技 (MIGI WAZA: Right)
(2) 左技 (HIDARI WAZA: Left)

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2. 体逆斬 (TAIHEN KAESHI-GIRI)

- (1) 右技 (MIGI WAZA: Right)
(2) 左技 (HIDARI WAZA: Left)
3. 纏上斬下 (HANEAGE KIRISAGE)
(1) 右技 (MIGI WAZA: Right)
(2) 左技 (HIDARI WAZA: Left)
4. 稽古着の着方 (How to put on Keiko-Gi)
(1) 稽古着の付け方 (How to put on Keiko-Gi or Hakama)
(2) 帯の付け方 (How to put on Obi)
(3) 足袋の付け方 (How to put on Tabi)
(4) 稽古着のたたみ方 (How to set up Keiko-Gi or Hakama)

秘劍術四級型
BIKEN-JUTSU 4TH KYU

1. 抜き打ち斬上 (NUKIUUCHI KIRIAGE)~横血振 (YOKO CHIBURI)
(1) 立ち居合 (Tachi Iai) [左足後退]
(2) 坐り居合 (Suwari Iai) [正坐・不動坐-右足前進] (Seiza & Fudoza)
2. 抜き打ち胴斬 (NUKIUUCHI DOGIRI) ~横血振 (YOKO CHIBURI)
(1) 立ち居合 (Tachi Iai) [胴斬り-左足後退]
(2) 坐り居合 (Suwari Iai) [正坐・不動坐-首斬り-右足前進] (Seiza & Fudoza)
3. 抜き打ち足斬 (NUKIUUCHI ASHIGIRI) ~横血振 (YOKO CHIBURI)
(1) 立ち居合 (Tachi Iai) [右足前進]
(2) 坐り居合 (Suwari Iai) [正坐・不動坐-右足前進] (Seiza & Fudoza)
- (1) 立ち居合 (Tachi Iai) [右足前進]
(2) 坐り居合 (Suwari Iai) [正坐・不動坐-右足前進] (Seiza & Fudoza)

秘劍術三級型
BIKEN-JUTSU 3RD KYU

1. 抜き打ち小手斬 (NUKIUUCHI KOTEGIRI) ~回転血振 (KAITEN CHIBURI)
(1) 立ち居合 (Tachi Iai) [左足後退]
(2) 坐り居合 (Suwari Iai) [正坐・不動坐-右足前進] (Seiza & Fudoza)
2. 抜き打ち袈裟斬 (NUKIUUCHI KESAGIRI) ~回転血振 (KAITEN CHIBURI)
(1) 立ち居合 (Tachi Iai) [右足前進]
(2) 坐り居合 (Suwari Iai) [正坐・不動坐-右足前進] (Seiza & Fudoza)
3. 逆手抜打斬上 (SAKATE NUKIUUCHI KIRIAGE) ~落血振 (OTOSHI C.)
(1) 立ち居合 (Tachi Iai) [左足前進]
(2) 坐り居合 (Suwari Iai) [正坐・不動坐-右足前進] (Seiza & Fudoza)

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